



## Effective Communication

**Effective communication** involves attentive listening skills and focuses on interrelationships among Aboriginal children, families and community.

**Strategies** that promote effective communication:

- Observing body language
- Listening attentively
- Respecting others' values
- Sharing your knowledge

**Compassionate** communication is experienced through:

- Expressing yourself honestly
- Listening with empathy

Aboriginal **communication traditions** emphasize:

- Non-interference
- Acceptance of human frailty
- Silence is valued



### Families Together Can

Use a sharing circle at family time, where each person has a chance to talk about something in their day. Once everyone in the circle has spoken, invite statements of appreciation that start with (a) I liked it when you said... (b) It was nice to hear... (c) I was particularly interested when you.... This activity could also include the use of a talking stick to signify turn-taking.



**Aboriginal Family and Community Literacy Curriculum (AFCLC)**



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